

The Nebraska Early Development Network

We provide early intervention services for families with children at birth to age five with developmental delays and/or health care needs and help connect families to needed services.



Developmental Milestones

0-1 Years Old

- Smiles when spoken to or smiled at, by 2 months
- Holds head up by 4 months
- Reaches to grab a toy by 6 months
- Makes different sounds like “mamama” and “bababa” by 9 months
- Walks, holding on to furniture by 12 months

1-2 Years Old

- Hugs stuffed doll or other toy by 15 months
- Helps get dressed by pushing arm through sleeve by 18 months
- Walks without holding on to anyone or anything by 18 months
- Tries to say three or more words besides “mama” or “dada” by 18 months
- Points to at least two body parts when asked by 2 years
- Eats with a spoon by 2 years

3 Years Old

- Balances on one foot briefly
- Throws ball with direction
- Matches six colors
- Counts to five
- Uses toilet independently
- Washes and dries hands unassisted
- Plays with other children
- Engages in dramatic and pretend play
- Responds to two-step directions
- Answers “What,” and “When” questions



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Early Development Network - Region 26
Rural MED Management Resources Services Coordination
411 W 3rd Street, Grand Island, NE 68801
308.398.6567 | www.gips.org/edn

4 Years Old

- Walks up and down stairs, alternating feet
- Cuts on line
- Points to and names three shapes
- Tells story by looking at pictures
- Plays and interacts with other children
- Responds verbally to “Hi,” and “How Are You?”
- Talks about event using past and future tenses

5 Years Old

- Skips
- Cuts out simple shapes
- Copies their own first name
- Counts by rote to ten
- Dresses oneself completely
- Brushes teeth
- Plays simple board games
- Engages in cooperative play with other children
- Uses complex sentences




**Nebraska Early
Development Network**
Babies can't wait

**Grand
Island**
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